

NEW WAYS OF COOKING FISH.
A Change From the Universal Frying, Boiling and Baking.
There are many dainty ways of cooking fish besides frying, boiling and baking. Some of these are quite as easy of achievement and as inexpensive as the foregoing modes, more-over, nicer. Fish with a cheese sauce is very good. Almost any white fish can be cooked in this way.

Take from one pound to two pounds of fish, wash it well and dry it carefully. Then place it in a clean enameled stewpan, add three gills of milk, salt, an onion, notched in order that the juice may escape, a blade of mace and a good sized sprig of parsley. Simmer gently until the fish is cooked, but do not allow the milk to reduce. Dish it up hot and add from two ounces to four ounces, according to taste, of grated cheddar or Dutch cheese. Stir until the cheese has thoroughly melted, pour it over and around the fish and serve at once.

Here is a simpler and quicker way of cooking a small piece of white fish. Wash and dry, place in a well-greased fireproof china dish, sprinkle thickly with fried bread crumbs, minced parsley, and if possible some minced mushrooms, about two ounces. Place a bit of butter here and there and pour over the whole half a small bottle of tomato catsup; sprinkle more bread crumbs on top and bake in a moderate oven for from 20 minutes to half an hour, according to the size and kind.

FOOD FOR THE INVALID.
Dainty Fare and Attractive Serving Are Both Essential.

Feeding the invalid is an art, and in some cases a lost art. A tray with legs six or seven inches high is the most comfortable way of serving food, still the effort may be too great and a glass tube be better. Always have the nourishment attractively served, for a dainty dolly under the bowl of broth may attract the wavering appetite. Do not bring a large quantity of food to a convalescent, as it often defeats its purpose.

Here are two simple recipes which are very acceptable to most patients: Moisten a teaspoonful of real Bermuda arrowroot with water, rub smooth with a spoon, pour on half a pint of boiling water and season with wine and nutmeg. In cooking arrowroot it is wise to make it thick, afterward thinning with milk.

Parade is also grateful. Put a few crackers or crusts of dry bread in a saucepan with cold water and a few raisins. After it has boiled half an hour, flavor with wine if the patient has no fever. If properly made the mixture will be quite smooth and of moderate thickness. Serve on a dainty tray covered with an immaculately clean cloth. A tiny bunch of flowers tucked on the tray does not render the arrowroot or parade any the less appetizing, and do not forget a well browned strip of toast or a rusk as an accompaniment to the repast.

Cheese Crisps.
One cupful of grated cheese, two-thirds of a cupful of cracker dust, a half teaspoonful of salt, the same of mustard, two tablespoonfuls of butter, one cupful of milk and a dash of paprika. Set the dish holding the above ingredients into pan of hot water and cook until the cheese is melted and the mixture becomes smooth and thick. Remove from the fire and beat in the yolks of two eggs and the well whipped white of one, turn into a buttered dish, having the mixture not quite an inch in depth, and bake in a moderate oven until firm. When cold, cut in thin strips, dip in beaten eggs, then crumbs, and fry to a delicate crispness in olive oil or fresh butter. Serve hot.

Make Curtains Harmonize.
Now that the color scheme is all the rage, take your old curtains, cut off the torn parts, mend neatly any holes with the part you cut off. Take thin cheesecloth, bind all around the curtain, then take ochre, any color you desire. Buy it in a paint store. It is a powder and cheap. Take a large dishpan of warm water and put as much of the ochre in according as you wish it light or dark. Stir it thoroughly with a large spoon. Gather the curtains sideways in folds, then dip them in the substance, wring them as dry as possible, then shake them, starch, and iron when dry.

Cardboard Light Shade.
Take a sheet of cardboard 14 inches square, mark out a maltese cross, cutting with knife on the lines, then cut out each panel, leaving about one-half to three-quarters of an inch margin; punch holes in this, say, five on each side; mark on the top of center a two-inch square, which must be cut just slightly to allow for folding. Bend each side down, lace together with trimming cord, cut a circle in the center to fit the electric light and fill in the panels with small pieces of china silk glued to the cardboard. This makes an attractive light shade.

Sweet Potatoes, Virginia Style.
Boil the potatoes until tender, peel and mash. Add butter generously, also cream, salt, white pepper and a dash of nutmeg. Whip in eggs, beaten very lightly, allowing one for each two cupfuls of potato. Pile in the baking dish and send to the oven until a light brown.

To Sugar Doughnuts.
Place a cupful of sugar in a paper bag. Put four or five doughnuts in the bag at one time and shake. You will find the doughnuts evenly and thoroughly coated without any waste of sugar.

To Double the Life of Umbrellas.
The usual way of storing in out of rain is to place the umbrella in the rack or corner with the handle upward. This allows the water to run down and remain a long time in the metal that holds the ribs together, which will rust the joints and rot the fabric. If the handle is placed downward instead of upward the water will run away from this point first, and the whole top will dry quicker.—Popular Mechanics.

Sweet Nature Story.
A billygoat climbed a tall fir tree at Hood river on the ranch of Frank Chandler. The witness is Hans Lage. While on his way to the city Lage discovered one of Mr. Chandler's acrobatic billygoats up 50 feet in a large fir tree, browsing as contentedly as if swiping sweet peas through a neighbor's picket fence.—Hood River News Letter.

Two Per Cent. of Doubtful Honesty.
Rigid and precise honesty exists in a more vigorous form among business men perhaps than in any other class. The undertakings of finance, of banking, of corporation enterprise and of business generally would collapse but for the fact that 98 per cent. of men in business are honest. But the other 2 per cent. will bear a good deal of watching.

Method in His Oration.
It is said that the late John Hay was once the subject of a cane presentation, and stood while the spokesman of the donors made a speech that ran into an elaborate oration. A friend afterward commented to the diplomatist on the length of the speech. "Yes," replied Hay, "he didn't want me to have the cane till I really needed it."

Dance Engagements in Advance.
Several keen dancing men tell me that they find many of the best dancers of the opposite sex fill up their programmes long before the day of the dance, and that this custom is becoming more or less general. Several ladies have already (August 25) filled their programmes for the club ball, which does not take place till September 16.—Times of India.

Line Pays No Dividends.
The coach line that Alfred Vanderbilt has established between the Holland house, New York, and Ardsley on the Hudson is not a paying business. All the fares received in one season would not buy one of the eight Kentucky blooded horses that draw the coach. The round trip fare is \$5.

Manufacturing Icicles.
"Stick" ice is a commodity much in demand in upper Austria. Water is allowed to fall slowly over a series of poles, where, by the natural process, it freezes in the form of gigantic icicles. These icicles are broken off as fast as they are frozen and carried away to strange quarters.—Popular Mechanics.

Daily Thought.
Our time is like our money. When we change a guinea the shillings escape as things of small account; when we break a day by idleness in the morning the rest of the hours lose their importance in our eye.—Sir Walter Scott.

Fulfillment of Destiny.
No life is all that the liver of it meant it to be when he began. We dream of building palaces or temples and we have to content ourselves if we can put up some little shed in which we may shelter.—Alexander MacLaren.

Against Street Noises.
The Hemptead (London) borough council has instructed a committee to draft bylaws dealing with street noises, "especially the intolerable nuisance of organ grinding and church bells."

No Thirst in Munich.
Munich, with a population of over 640,000, has, on an average, one establishment for the sale of liquid refreshments to each 319 persons, exclusive of the floating population, which is a large one.

To Amuse Children.
Pictures from magazines make excellent puzzles for children if they are mounted on pasteboard and then cut into triangular shapes. Putting the pieces together will amuse children for a long time on a stormy day.

Output of Charcoal.
The output of charcoal in the United States is about 7,000,000 bushels annually. In this product Michigan leads. New York, Oregon, Alabama and Texas are also large producers.

Just a Thought.
We needn't worry about who is going to plant flowers on our graves; lots of people would do it gladly, no doubt.

Little Chance of Duplication.
The possibility of one person's finger tip being identical with that of another is one chance in 64,000,000,000.

Russians Fond of Dancing.
The Russians as a nation probably give more attention to the subject of dancing than any other.

Powerful Jaws of Wasp.
The jaws of a wasp are so powerful that the insect can cut its way through shells.

Appreciate Land of Liberty.
Returning immigrants go back with fond thoughts of America.

The stonage passengers who sail from America may be roughly divided into two classes—those who go home because they have succeeded, and those who go home because they have failed. The children are always loath to return, says the author of "On the Trail of the Immigrant," especially those who have gone to school in America. Amushka, a bright 12-year-old girl, goes from a Pennsylvania town to the French district in Hungary. She is dressed "American fashion," has gone to the public school and speaks English fairly well. "Amushka Hungary, tell me, do you like to go back to Hungary?" "No, sir, America is the best country. There we have white bread and butter and candy, and I can chew gum to beat the band," and tears fill her eyes at the memory of the American luxuries she has tasted. One of the returning, who had traveled far, and had seen on that journey the galleries of Paris, Munich and Dresden, said: "I tell you, the finest piece of statuary in the whole world is the Goddess of Liberty in New York harbor."—Youth's Companion.

Was Almost Too Particular.
Colored Man's Literal Obedience Caused Slight Embarrassment.

An old bachelor, who lives in the suburbs of a southern city, hires a negro to clean up his room, fill the lamp and perform like services. A few days ago the colored domestic, who had been using his employer's blacking, said: "Boss, our blackin' am done out." "What do you mean by saying 'our blacking'?" growled the sordid employer, "everything belongs to me. I want you to understand that nothing belongs to you." The terrified darkey apologized and promised to remember. On the following Sunday the bachelor happened to meet the colored mental, accompanied by a chocolate-colored woman pushing a baby carriage. "Was that your baby in that carriage?" he asked the next day at his home when he was entertaining quite a number of his friends. "No boss, dat's not our child; dat's your child. Ise never going to say nuffin belongs to me no moah."

Trying for Faker Prize.
He didn't get himself up to be a nature faker, but he confessed he knew a story which, if not exactly accurate, was at all events somewhat brilliant. "This happened in the cottage of a peasant who had his quiver full of children. When the baby was put to sleep at night every one in the family was enjoined to be quiet. They were, including the dog. One night, however, the dog fancied the room wasn't as quiet as it should be. There was an old-fashioned clock in the corner of the room, which ticked somewhat loudly with its ponderous pendulum. The dog, thinking that this ticking might disturb the baby, went on up-toe, and, putting his paw against the pendulum, stopped it. And that's a fact." But even the oysters on the counter gaped with astonishment.—New York Press.

Cow Caught by Her Tail.
Caught by her tail in the cleft of a tree, a cow belonging to Joseph Blake of Gedonaland subsisted without food, except the bark of trees, or drink for five weeks. When found she was reduced to a skeleton, but the sight of the man apparently infuriated her, and with a lunge she broke her tail off and charged her would-be rescuer. He sought safety on the top of a woodpile a short distance away and was kept there for three-quarters of an hour. The desire for food finally became uppermost to the animal, and she wandered away in quest of it. She was found later, and is improving under care.—Portland Oregonian.

Russian Fighting Geese.
In Russia pits for cock fighting are unknown, but "goosepits" some 60 years ago were common throughout that mighty kingdom. The effect of this can be seen to-day in the geese which are indigenous to the country, the Arasmas and the Tula varieties particularly showing to a marked degree the fighting characters of their ancestors. The Arasmas gander has a bill which is entirely different in form from that of the geese known in any other part of the world. This special structure enables the bird to take a firm grip on the neck or back of its antagonist.

Who Kills a Good Book Kills Reason.
Unless wariness be used, as good almost kill a man as kill a good book. Who kills a man kills a reasonable creature—God's image, but he who kills a good book kills reason itself—kills the image of God, as it were, in the eye. Many a man lives a burden to the earth, but a good book is the precious life blood of a master spirit, embalmed and treasured up on purpose to a life beyond life.—John Milton.

His Present State.
"What state does the young fellow belong to who wants to marry old Billy's daughter?" "Judging from his appearance when I saw him come out of the old man's office I should say a state of collapse."

Popularity.
"Doesn't Mr. Keenole play any popular music?" "No," answered Miss Cayenne; "his style of playing would make anything unpopular."

WHAT?
should your baby suffer? When he is frail and restless, do not experiment on him and use any old thing your neighbor recommends. Buy a bottle of White's Cream Vermifuge, greatest known worm medicine, and cure for all children's diseases. It is mild in its action, builds up the system and makes thin, puny babies fat. Mrs. J. C. Smith Tampa, Fla., writes: "My baby was thin and sickly and could not retain its food; cried all night. I used one bottle of White's Cream Vermifuge and in a few days baby was laughing, happy and well." d&w

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